

A SUITCASE FULL OF FAITH

by Saskia Röell

Five Important Life Lessons

A Conversation with Saskia Röell, best-selling author of *A Suitcase Full of Faith*

Saskia, in the search to find a path to a better life, what are the five most important life lessons we learn in your book?

Through my stories I lead by example, giving my readers tools to help them leap into their true dreams. Here are some of the most important lessons I share in the book:

No dream is too big – Go for it. Don't waste precious time foregoing your dreams. Dream as big as you can and let your soul lead you. I'm living proof that anything is possible and, through my stories, I help you believe that anything is possible for you, too.

The Universe supports your biggest dreams – You are always safe, even when you reach as far as you possibly can. Many times, in many situations that seemed dangerous, there was always a safe solution provided by the Universe when I trusted the compass of my soul.

Let the voice of your soul take the lead – Don't let logic take the lead or fear will block you. When you tune into your inner voice it will always move you from fear to faith. It's only when you completely trust that you walk into your greatest dreams.

Roadblocks and detours are opportunities – There will always be times when your life goes off course, but pay attention because there's something to learn. You're being led to clear the way to living an authentic life. Dare to trust the voice of your soul and make friends with the unknown. It will lead you far.

Surrender activates miracles – Faith bridges the gap between your aspirations and the manifestation of your dreams. When your faith is strong you don't need control. Letting go and trusting that the Universe will take care of you brings miracles and peace of mind.

Invest your faith in yourself. Dare to step into your power.
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